

Chella

Lunch Menu

MAZEH

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| 1. ASH-E RESHTEH (V) | £2.00 |
| A popular soup made with Persian noodles, pulses and fresh herbs. | |
| 2. MIRZA GHASEMI (V) | £2.00 |
| Smoked aubergines, tomatoes, eggs and garlic. | |
| 3. MAST-O-MOOSIR (V) | £2.00 |
| Shallots with a very mellow flavour, chopped and mixed with a thick strained home-made yoghurt. | |
| 4. MAST-O-KHIYAR (V) | £2.00 |
| Chopped cucumber and mint mixed with thick strained home made yoghurt. | |
| 5. HUMMOUS (V) | £2.00 |
| Puréed chickpeas, tahini, garlic and lemon juice. | |
| 6. PERSIAN STYLE PRAWNS | £2.00 |
| Served in a spiced herb and tamarind sauce. | |
| 7. OLIVIYEH | £2.00 |
| Diced chicken, gherkins, potatoes, carrots and peas in a light coating of Mayonnaise. | |
| 8. TAFTOON BREAD (V) | £1.00 |
| Persian bread, baked fresh to order. | |

GRILLS

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| 9. KOOBIDEH (WITH RICE) | £5.00 |
| One Skewer of grilled tender minced lamb served with rice, salad and tomato. | |
| 10. KOOBIDEH (WITH BREAD) | £4.50 |
| One skewer of grilled tender minced lamb served with a grilled tomato and bread. | |
| 11. JOOJEH | £5.00 |
| Four pieces of lemon marinated chicken fillet with saffron served with rice, salad and tomato. | |
| 12. MOMTAZ | £6.00 |
| Four pieces of marinated chicken fillet and half skewer of minced lamb kebab served with rice, grilled tomato and salad. | |

Available Monday to Friday from 12 to 5pm.

142, Chiswick High Rd - Chiswick
London W4 1PU
020 8994 6816

SALADS

13. SALAD-E-JOOJEH £5.00
Succulent pieces of saffron and lemon marinated chicken fillet served on a bed of mixed salad.
14. SALAD-E-SABZI-O-PANIR (V) £4.00
A light and tasty salad of mixed lettuce leaves, herbs, olives, feta cheese, walnuts, tomatoes, cucumber and red onions.
15. CHELLA SALAD £4.00
Feta cheese , olives, tomatoes, cucumber and red onion.

STEWES

16. GORMEH SABZI £5.00
A stew made with aromatic mixed herbs, cooked with lamb, red kidney beans and dried limes served with steamed rice.
17. KOURESHT BADEMJJOON (also as vegetarian) £5.00
Lamb cube stew cooked in tomato sauce, topped with sautéed aubergine and served with rice.
18. ZERESHK POLOW £5.00
Steamed rice mixed with bright ruby-coloured barberries, saffron and slivered pistachios, served with braised chicken.
19. BAMIEH (also as vegetarian) £5.00
Lamb and Okra in a tomato sauce, served with steamed rice.
20. GHEIMEH £5.00
Lamb stew with split yellow peas and dried limes, cooked in a cinnamon and tomato sauce, topped with sautéed aubergine and served with rice.

DRINKS

- Coke, Diet Coke, Pinapple Juice, Apple Juice. £1.50
- Still / Sparkling Water £1.50
- Tea / Filter Coffee £1.20
- House Red Wine - Shiraz Torre Nova - 125ml £2.00
- House White Wine - Pinot Grigio Via Nova - 125ml £2.00

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